



2017 TFG
Conference

The Fungus Among Us: Toxic Mold, Moisture, and Dwelling Well

Cheryl Ciecko

CCG Architects, Inc / Cheryl Ciecko, Inc.

La Grange, IL

There is no doubt that human exposure to a variety of toxins is increasing. Often misunderstood, toxic mold affecting homes, offices, schools, and even healthcare centers, is potentially the “asbestos” of the 21st century. An unintended consequence of the sustainability movement, the increasing incidence of mold in buildings of every type and material is related to trapped water accumulation. Separating fact from myth requires attention to details often overlooked. Attention to moisture management is important not only for wood, but also concrete, masonry, and even steel structures.

This program brings awareness, practical advice, and solutions to find, remove, and avoid mold and moisture damage. Science-based resources provide the basis for further analysis of strategies and solutions. By addressing the root cause of mold, which is moisture accumulation regardless of building material, building professionals and building owners can minimize health risks. The presenter began her research and journey of awareness when her own family became ill. This program is valuable for anyone concerned about chronic health challenges.

About the Speaker

Cheryl Ciecko

Cheryl Ciecko is a thought leader, licensed architect, and educator with a passion for the art of building wellness. With extensive research and personal experience in building science, wood materials, innovative structural systems, and bio-toxins, she is the founder of the website AvoidingMold.com to raise awareness and offer technical support.

An active member of the Association of Licensed Architects, American Lumber Standards Committee, FPS Wood Design Focus Editorial Committee, and American Institute of Architects, Ms. Ciecko is also a LEED AP and former Senior Technical Director and Regional Director for WoodWorks. Her own home is a timber frame she designed and built in 2008.